

DIVISION OF MATHEMATICS & SCIENCE

Major: Physical Education

Option: Health and Wellness

ASSOCIATES of SCIENCE

Requirements for Academic Year 2022-2023

GENERAL EDUCATION REQUIREMENTS		
37 HOURS (Minimum)		
(Check Catalog listings for prerequisites)*		
Area	Hours	To be selected from:
English Composition	6	ENGL 1113 Comp I ENGL 1213 Comp II*
Communication	3	SPCH 1113 Intro to Oral Communication
American History	3	HIST 1483 US History to 1865 <i>or</i> HIST 1493 US History since 1865
US Government	3	POLS 1113 Amer. Federal Government
Humanities	6	Any course designated (H) (See course descriptions for designations.)
Computer Literacy	3	COMS 1133 Fund. of Computer Usage <i>or</i> AGRI 2113 Microcomputers in Agriculture
Electives	3 - 4	One course from the following: Psychology, Sociology, Foreign Language or Fine Arts
Mathematics	3	<i>Either</i> MATH 1473, MATH 1513, MATH 1523, STAT 2013
Science	3-4	Science
Lab Science	4-5	Lab Science
		*Course has prerequisite. See Course Description section of catalog.
PROGRAM REQUIREMENTS		
24 HOURS		
(Check Catalog listings for prerequisites)*		
College Orientation	1-3	EDUC 1111 <i>or</i> EDUC 1113
Core Courses: Physical Education (14 hours)		
Personal Health	3	HLTH 1113
First Aid/Responding to Emergencies	3	HLTH 1123
Care & Prevention of Athletic Injuries	3	HLTH 2383
Motor Learning	2	PHED 2512
Foundations of Physical Education	3	PHED 2133
Health & Wellness (6 hours)		
Medical Terminology	3	NURS 1003
Introduction to Nutrition	3	FCSE 1213
Electives (3 Hours)		
Strategies for Success	3	EDUC 1113
Theory of Coaching Baseball <i>or</i>	2	PHED 2142 <i>or</i>
Theory of Coaching Basketball <i>or</i>	2	PHED 2152 <i>or</i>
Theory of Coaching Cheerleading	2	PHED 2162
Legal Aspects of Sports	3	PHED 2223
Sports Officiating	2	PHED 2562
Health of School Child	3	HLTH 2313
Community Health	3	HLTH 2353
Sports Nutrition	3	PHED 1813
Physical Education activity courses do not count toward graduation. Maximum 6 hours allowed for Special Topics (ST) courses towards a degree.		
Total Hours: 61		