

# DIVISION OF MATHEMATICS AND SCIENCE

## Personal Health

EMBEDDED CERTIFICATE WITHIN ASSOCIATE OF SCIENCE IN MULTIDISCIPLINARY STUDIES IN S.T.E.M.

*Requirements for Academic Year 2026-2027*

GENERAL EDUCATION REQUIREMENTS		
6 HOURS (Minimum)		
Check Catalog listings for prerequisites		
Area	Hours	To be selected from:
General Education Elective	6	AGRI 2113 Microcomputers in Agriculture, or COMS 1133 Fundamentals of Computer Usage, and Any course(s) designated (H), (S), or Foreign Language
PROGRAM REQUIREMENTS		
10 HOURS (Minimum)		
Check Catalog listings for prerequisites.		
College Orientation	1-3	AGRI 1111 Agriculture Orientation EDUC 1111 College Orientation EDUC 1113 Strategies for Success
Guided Electives	7-9	HLTH 1113 Personal Health HLTH 1123 First Aid/Responding to Emergencies HLTH 2313 Health of a School Child HLTH 2353 Community Health HLTH 2383 Care & Prevention of Athletic Injuries PHED 2142 Theory of Coaching Baseball PHED 2152 Theory of Coaching Basketball PHED 2162 Theory of Coaching Cheerleading PHED 2223 Legal Aspects of Sports PHED 2562 Sports Officiating
Maximum 3 hours allowed for Special Topics courses towards a degree. Physical Education activity courses do not count toward graduation. Students are encouraged to consult with their student success coach to determine the courses that best fit their educational goals.		
<b>Total Hours: 16</b>		